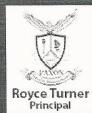
PAXON



ATHLETICS

Parent and Player Handbook 2013-2014

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PAXON School for Advanced Studies

3239 Norman E. Thagard Boulevard, Jacksonville, FL 32254 (904) 693-7583 Fax: (904) 693-7597

Athletic Director: Dana Long (904) 693 - 7583 ext. 224 longd@duvalschools.org Assistant Athletic Director: Crystal Emery (904) 693 – 7583 ext. emeryc@duvalschools.org

Athletic Trainer: Kevin Robey

(703) 629-0957

KDRobey@selectmedical.com

Sport Schedules: The <u>C2CSchools.com</u> website provides parents and students with sports information to stay on top of the game! At the C2CSchools website you can access all of Paxon SAS <u>SPORTS SCHEDULE</u>, dates, times, locations, directions, who we are playing, and even the score results.

Paxon SAS Letterman's Jacket: www.neffco.com/neffjacketshop Password: 064493

Paxon SAS Spirit Wear: http://store.bakerssport.com/store/Micro.aspx?MicroStoreID=107

National Collegiate Athletic Association: www.ncaa.org

NCAA Eligibility Center: http://web1.ncaa.org/ECWR2/NCAA EMS/NCAA.jsp

Fall Sport Team websites:

Football: www.ballcharts.com/paxoneagles
Swimming: http://paxonswimming.ch2v.com
Cross Country: http://paxoncc.webs.com

Mission Statement

Paxon School for Advanced Studies Athletics is a developmental program that promotes the academic, physical, psychological and social growth of the student athlete.

Goals of Paxon SAS Athletic program focus on:

✓ Development of the student athlete

✓ Sportsmanship

✓ Promotion of a successful and positive experience for all

Eligibility

- To remain eligible to play, players must maintain a 2.0 GPA. Players who do not maintain eligibility will be dismissed from the team and will not receive any team awards.
- Players will show progress reports to their coaches to keep them updated on their academic standing. **Academics come first!**
- Players must also remain free of disciplinary referrals. Repeated referrals will lead to dismissal from the team.

Priorities

We all want to be successful. Success should not be based on just wins or losses, but on the entire program. Our players should be successful in all academic, athletic, and social matters.

Development of the student-athlete includes but is not limited to the following:

- 1. <u>Academic</u>- maintaining high educational and behavioral standards in the school community they represent.
- 2. <u>Physical</u>- learning sport skills, improving physical conditioning, developing good health habits, and avoiding injuries
- 3. <u>Psychological</u>- learning to control their emotions and developing feelings of self-worth
- 4. <u>Social</u>- learning cooperation in a competitive context and appropriate standards of behavior

Sportsmanship includes but is not limited to:

- A passionate effort to be successful with a commitment to be fair, honest, and respectful, and honor the rules of the game
- The six pillars of character (trustworthiness, respect, responsibility, fairness, caring, and good citizenship)
- A code of conduct for student-athletes, coaches, managers, parents, fans, and administrators

Promotion of a successful and positive experience for all includes but is not limited to:

- The assurance that student athletes are to think of themselves as students first and athletes second.
- Success is represented in many forms (improvement in team and individual performance, achievement of team and personal goals, etc.) and does not always equate to winning.
- Participation in student athletic activity with high standards of ethics, sportsmanship and good character is a significant part of the educational program.

Philosophy

Coaches are the teachers of the sport. Athletics are an extension of the classroom. It is said that children learn 10% when they hear an explanation, 20% when they see a demonstration, and 70% when they do repetition. We will teach the proper fundamentals and techniques using structured practices and continued reinforcement.

Sports take discipline, dedication, hard work and enthusiasm from players, coaches, family members and friends for the whole program to become successful.

Practices and Games

Locker rooms will be locked at 3:15 PM daily. Athletes attending tutoring are to collect and or change into practice gear before going to tutoring. After tutoring, athletes must provide a note from their teacher to the coach.

Players are expected to be at all practices and games. Players are expected to dress appropriately and with proper equipment. School dress code still applies. Athletes are not to use any electronics during practices or games (cell phones, iPods, etc.) Students may not leave campus between the end of school and practice. Paxon SAS and Coaches are not responsible for the athlete once they leave campus.

If an athlete cannot attend a practice or game due to tutoring, illness, injury, or family emergency, a player must notify the head coach or an assistant coach, in person, or by phone as soon as possible before the practice or game. Giving a message to a teammate is not acceptable. A player who can attend school but is unable to play due to an injury is still expected to attend a practice or game to observe, learn, and give support.

Missed Practice -

1st Unexcused Absence - Player will not start 2nd Unexcused Absence - Player will sit out one game 3rd Unexcused Absence - Dismissal from the team

Practice Times: Monday - Friday 3:15 - 5:30PM.

Parents do not talk to the coaches during practice. If you would like to discuss something, please call for an appointment.

Activity buses are in operation. Parents must pick up their children after practice at 5:30PM promptly. Please be on time.

Home Games

- Parents/Siblings are not allowed in the locker room before and/or after games.
- Parents are not allowed on the field/bench/court. Please remain in the stands and let the coaches coach.
- Parents are expected to help volunteer at the game. We need help with concessions, game clock, score keeping, etc...
- Players are not allowed to leave the bench area or field without permission from a coach.

Conduct for Athletes, Students, Parents and Spectators for Home and Away Athletic Events

- Address everyone, from officials and coaches to ticket sellers and concessioners, with respect and never argue or complain.
- Do not talk to opponents or opponents supporters in a derogatory manner.
- Support and encourage your teammates and coaches (i.e. arguing, name calling or bickering.)
- Show good sportsmanship before, during, and after the game.
- Profanity will not be tolerated.

Failure to comply to the Sportsmanship Contract could possibly forfeit privilege to play or attend all athletic events for players and parents at Paxon School for Advanced Studies.

Remember, you represent Paxon School for Advanced Studies community.

Always show good sportsmanship whether we win or lose.

Playing Time

There is no minimum playing rule in high school athletics. The coaches will decide playing time. There is NO parent discussion regarding playing time. The coaches see the athletes every day and they will make decisions based upon their performance in practice, in games, and as a student representing our team.

Injuries

The Athletic Trainer will be at most practices and games. If an athlete is injured and cannot practice they should be under supervised care (doctor, coach, trainer, etc...).

In the event of an injury remember the following:

- Report all injuries to your coach and athletic trainer as soon as possible.
- If under a doctor's care, a doctor's note must be given to the coach describing the injury and when you are cleared to play.

Uniforms

- All players will be given a uniform. After each contest, the athlete will turn in their uniform to their coach. The coach will hand out uniforms for the next contest.
- All players are responsible for the care and repair of uniforms and equipment. When uniforms and equipment are returned to the coach they must be in good condition. Any lost or damaged uniforms could result in the student being responsible for replacement cost of \$100.00
- Players will notify the coaches if there is a problem with the uniforms (size, rips, number, etc...)
- Numbers are assigned to players based upon sizes availability. The Head Coach makes that decision.
- Players are responsible for purchasing certain required equipment that your coach will discuss with you.

Paxon SAS is not responsible for lost or stolen items.

Team Travel

- All players will ride to the games on the team bus unless other arrangements are approved by the coach.
- Players MUST sign out with their coach if they will not ride the bus back after the game.

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- Friends and relatives are not allowed to ride the bus.
- Athletes are not to transport other athletes to practices and games.
- Please pack all your gear and remember to take equipment that you are responsible to bring.

Team Fund Raisers

There is no funding from the district for the athletic program. Teams need to fund raise to purchase needed equipment, replacement uniforms, tournament and camp fees, travel, and maintenance of facilities. To make a difference in cost, the expectation is that each member of the team will participate in the fund raiser or make a donation to the team to help achieve that goal.

Rules and Consequences

- 1. Any athlete who is referred to Grand Park and or receives out-of-school suspension twice during the season will be dismissed from the team and will not receive any awards.
- 2. Any student who is sent to participate in an abuse program for possession of drugs or alcohol can not participate on any athletic team for the remainder of the school year.
- 3. Students who have been charged with a Class III offense during the course of the season from day one of tryouts can no longer participate in that sport, but are eligible for sports in the future.

Minor referrals will be dealt with on an individual basis. Too many referrals may lead to dismissal from the team. For appeals process procedures contact the Athletic Director's office.

Team Awards

Team awards will be after each season and designated date and time will be determined by the head coach of that sport. If a child quits the team they are not eligible for awards.